

Personal Identity Development Process (PIDP[©])

for

**Proactive people
Entrepreneurs
Freelancers
Executives
Managers
Leaders
CEOs**

Searching for

**SENSE
FOCUS
ENERGY
CLARITY
AUTHENTICITY
INNER ORIENTATION**

by

Heidi Kablitz

intensiverleben 
coaching & identitätsentwicklung

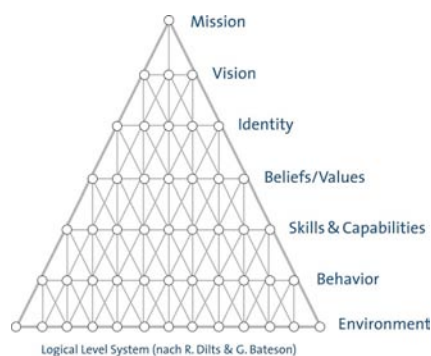
What is PIDP®?

PIDP® is an intense personal development process that generates enormous information and clarity about your path in life. It gives you a sense of your own influence and the motivation for your actions. Consequently, this personal clarity through PIDP® causes a genuine and powerful realization; a transformation of your personal goals and visions. The daily effects of this transformation whether professionally or personally produce:

Self awareness	– access to your inner Power
Energy	– exposed through focus
Clarity	– because of intense selfawareness
Authenticity	– fine tuning of your inner self
Inner orientation	– absolut trust in your own decisions
Role clarity	– personal conviction and natural authority
Clear Goals	– due to awareness of what is essential to you

What happens with PIDP®?

PIDP® accelerates and supports the natural identity development process that would take from about two years or more naturally and compresses it into just two days. Not only will this process allow you to reorganize your personal development, catch up with missed decisions and anticipate future ones, but it will also enable you to create a sustainable structure for your life and actively shape your future!



Method

Based on the model of Logical Levels of R. Dilts and with the help of our methods of development and alignment, you will establish the individual elements of your identity. Step by step, from your mission to your ideal(s) and through all levels to the basic framework. That will enable you to realize your objective(s) and achieve your vision(s). You integrate those elements together to create a harmonious and individual whole.

How does the PIDP coach work?

I will be your faciliator who will catalyze and accelerate your identity work. By applying a wide range of methods, I will align your new identity perfectly with your strategy to create your future. I do not give advice. I enable you to unlock and discover your own individual ability to find the solution that is perfect for you.

Does it work with everybody?

PIDP® produces an enormous development process within everybody. How far-ranging this development process will be is the result of the output: a combination of an uncompromising client and the balance between body language, expressed emotions and the spoken word.

Areas in which PIDP is beneficial?

- focused identity development
- Reorganization in your personal or business life:
new position, new assignment, change of family situation
- Gaining clarity for forthcoming decisions or within a leadership role
- Career planning, decisions regarding your own individual life course
- The rediscovery of intrinsic motivational factors and how to activate these in a sustainable way
- Discover a sense purpose for your life
- To value employees and staff members
- Recover lost focus, low Energy and prevent burnout

The result

The result is sustainable clarity about who you are, what you want and how you intend to achieve it. You will experience total coherence of your individual strategy and your personality. Once you have completed your PIDP®, you will be able to express your identity clearly in words. You will be a clear, focused powerful and cogent Person!

Duration and location

The PIDP® generally takes two days. There will be a preparation and a wrap-up on the phone. The process can be repeated and updated annually or at longer intervals. For the PIDP®, you can select an undisturbed and comfortable location of your choice. We can also carry out your PIDP® here in very idyllic Ebersberg in the PIDP® -apartment, 30 Minutes from Munich.

About me

Heidi Kablitz, Coaching and Identity development



- Born in Kempten in 1977
- Degree in business Education (Dipl. Hdl.)
- Independent team-and process trainer, systemic coach and Identity development coach since 2006

My aim is your personal development and the achievement of your individual goals and visions.